

COUNSELLORS AND MENTAL HEALTH CARE PROVIDERS IN THE AUGUSTA MARGARET RIVER SHIRE

Provider name	Area of interest	Practice Address	Contact Details	Availability /referral pathway	Cost	Skype
Accord West	Family and relationship service. Across the lifespan. Builds relationship capacity of individuals and families. Provide counselling, parenting advice and education, mediation. Tenancy Advice education service; advocacy, casework and conciliation to tenants, community education, please refer to accord west information brochure for detail on programs. Drug and Alcohol; 12-35 years counselling individual and family, casework, information and education, advocacy.	Outreach to Margaret River resource centre. Main office in Bunbury.	Gail.varis@accordwest.com Ph: 9729 9000 and speak to intake officer www.accordwest.com.au	Telephone and face to face appointments Referral form to be sent to intakereferral@accordwest.com.au	No Cost	No
ALRIDGE, Lorraine	Mental Health Issues, Addictive Behaviours, Substance Abuse, Eating Disorders, Weight Issues, Body Image, Performance	Refocus Psychology 7/2 Rosa Brook Road Margaret River	Ph: 0487459435 enquiry@refocuspsychology.com.au	By appointment	MHCP required. Bulk Bill and offer financial hardship scale	Yes
ANDERSON, Jay	Children, Youth Adults	Margaret River Community Centre. 33 Tunbridge Street	Ph: 0411 380 36 swwellbeingcentre@gmail.com	By appointment	MHCP required Gap payment required	No
BASILI, Ann	Female sexuality, post trauma work	The Reef Centre 14/33 Fearn Ave MR	Ph: 0433 155 624 Info.mrch2015@gmail.com	Tuesdays Thursdays	Fee Payable	No
BOULANGIER, Veronique	Counselling and therapy adults with range of mental health issues	By appointment	Ph: 0418 902 178 PO Box 120, Dunsborough WA 6281	By appointment	MHCP available	Yes
BLUNTSCHLI, Eve	Counselling Adults	Augusta Clinic 70 Blackwood Ave, Augusta	Ph: 0437 880 608 Eve.bluntschli@gmail.com Fax: 08 9716 7422	Thursdays in Augusta and via appointments	MHCP required Bulk Billing via Medicare Private Health rebates	Yes



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CASTEN, Lani	Social worker; Play therapy, parent guidance	South west child and family therapy centre Unit 5/45 Station Rd MR	Ph: 0472 510 741 info@southwestchildtherapy.com.au	By appointment	MHCP required Bulk billing on prior negotiation, financial hardship scale	No
CHAMBERS, Deb	Occupational Therapy – Mental Health and Wellbeing, Families, Children Individual sessions and group program Art Therapy, Yoga for Pain & Mindful movement. Mindfulness & meditation	Debra Chambers OT Provider No 2913533T Office & rooms @ Ferart Studio 34 Wilderness Rd (PO Box 350) Margaret River 6285	Ph: 0409 108950 Debbie@ferart.com www.ferartstudio.com	Mon to Fri & weekends by arrangement. Home visits by arrangement	-MHCP required -EPC -Private Health insurance rebates -NDIS, -Bulk bill by arrangement	Yes
DUFFY, Mary-Jo	Clinical Psychology, Mental health and relationship issues	Mary Jo Duffy Clinical Psychology 20 Coronation St Margaret River	Ph: 0419 868 736 Maryjo.duffy@gmail.com www.goodtherapy.com.au/mary-jo_duffy	By appointment Wed, Thursday, Friday	MHCP required. Bulk bill on prior negotiation offer financial hardship	Yes
EDMOND,Jo	Children and Youth	Core Therapy Psychology practice at Willmont Health and Wellbeing Centre. 48 Willmont Ave MR	Ph: 9750 5413 info@coretherapy.net.au www.coretherapy.net.au	By appointment Thursday	MHCP required. Medicare gap fee	yes
GP down south Integrated Care management Program	Severe and persistent mental illness (over 12-month period). Care coordination. Recovery focused support goal orientated. See information sheet for more details	Friday Margaret River community centre. 33 Tunbridge Street	Ph: 08 9754 3662 Fax: 08 9754 2985 www.gpdownsouth.com.au	Please send ICM referral form to GP down south via Fax: 9754 2985	MHCP required No Cost	No



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GP down south Brief intervention service	Maximum 6 sessions. Free counselling and care coordination for financially and socially disadvantaged clients. All ages	Fridays at Margaret river community centre 33 Tunbridge st	Ph: 9754 3662 Fax: 08 9754 2985 mhteam@gpdownsouth.com.au www.gpdownsouth.com.au	Initial assessment via phone and then face to face. For those risk of developing mild to moderate mental health concerns	No Cost .No mental health care plan required. For people who self-report financial hardship.	No
Headspace, Busselton	Clinical mental health professionals provide support, treatment and management of mental health.	Satellite office in Busselton 71 Kent St. head office in Bunbury	Ph: 6164 0680 Fax: 6210 5905 info@headspacebunbury.org.au	Referral form on website. Monday to Friday 9-5pm. Late finish on Tuesday only to 8pm	Bulk bill via Medicare	No
HIRSCHMAN,Mary	Counselling and psychotherapy, adults	Mary Hirshman Willmont Health and Wellbeing in MR.	Ph: 9757 2677 Maryhirschmann55@gmail.com www.willmotthealth.com.au	Mon, Tues, Thurs	MHCP required Medicare gap payment	No
JSW training and community services	Youth South West Program 12-18 years; Parent/teen conflict, Bullying, Legal issues with court or youth justice, School work, Substance abuse, Referral to other service, Employment/ training, Sexual health Social emotional issues	Outreach to Margaret River	Ph: 9721 5033 info@jsw.org.au www.jsw.org.au/index	As needed, outreach model includes home visit for at risk youth and activity based therapy.	No cost	No
JESSUP, Delma	Counselling for Adults, Adolescents and Children.	Margaret River Surgery. 1 Station rd Margaret River	Ph: 0448 047 007	By appointment	MHCP required, gap fee payable	No



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KNOWLES, Laurissa	Counselling therapist specialising in grief, change, relationships, anxiety & chronic illness. Working with individuals, couples, families & youth.	Lifestyle Medical Unit 4/45 Station Rd, Margaret River	Ph: 0438 292 772 laurissa@westnet.com.au	Referrals accepted from health professionals including GPs, self-referral & via the Cancer Council. Appointments face to face in professional rooms, via Skype & home visits where required.	Private counsellor, fee for service negotiated on a sliding scale. Appointments available through Cancer Council (free of charge to cancer patients & their families)	Yes
KELLY, Georgina	Adults and couples, all mental health issues	1/36 Hillier Drive Margaret River	Ph: 0447 440 492 Georgina.kelly@westnet.com.au	By appointment	MCHP required. \$20 Gap fee or can be waived if financial hardship	Yes
KNAUSENBERGER, Monika	Psychologist Children, adolescents, adults Couple and family therapy Neuropsychotherapy CBT, DBT, ACT, TA, PACT, trauma therapy Medicare rebates, reg. with Veteran Affairs Workshops and group therapy on request	Brain Change Therapy Margaret River Community Centre (old Red Cross op shop location)	Ph: 0405 616128 mpknausenberger@westnet.com.au	By appointment	MHCP required Medicare rebate or private consult Veterans Affairs Insurances EAP	Yes
LOVELIDGE, Chloe	GP mental health	Chloe Lovelidge Willmont Health and Wellbeing 48 Willmont St Margaret River	Ph: 0407952587 chloelovelidge@hotmail.com www.willmotthealth.com.au	By appointment	Fee payable Medicare rebate	No



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Lamp Inc	Mental health support - Independent living one-on-one and Day 2 Day Living skills - Partners in Recovery - NDIS support co-ordination and service delivery - Carers support - Youth & Indigenous Family support	Margaret River Margaret River Community Centre. 33 Tunbridge St Head office; 226 Bussell Hwy Busselton	Ph: 08 9754 1834 Fax: 08 97541836 admin@lampinc.org.au	Mon – Fri 9.00am – 4.30pm (closed weekends & public holidays) Referral requirements are dependent upon program, please call for advice.	Membership \$60 / annum Can be paid incrementally	No
MILWARD, Aaron	Clinical Psychology 16 years plus	Resolve Psychology	Ph: 0402 561 059 aaron@resolvepsychology.com.au	By appointment	\$15 low income fee	Yes
NIKULINKSY, Lisa	Children from 8 years. Adolescents, young adults + adults- families Youth and music culture PhD researcher	Lisa Nikulinsky practices at private garden office and South West Child and Family Therapy Centre 5/45 Station Rd Margaret River	Ph: 040 0427 925 flourish@westnet.com.au www.lisanikulinsky.com.au	By appointment	Yes on prior negotiation and offer financial hardship scale	Yes
NOONAN, Romney	Children and adults specialised in trauma	South West Clinical Psychology SWCFTC 5/45 Station rd. Margaret River	Ph: 0407 985 671 rom@swcp.com.au	Mon/Tues/Thurs	Financial hardship fee available	yes
Relationships Australia 4 families program	Focus on mental health of children and young people. Counselling, Emotional support, Information and referrals, Family support workshops - support for grandparents and carers	Outreach model to Margaret river and Augusta. Home visits and work at CWA Hall in Margaret river	Ph: 086164 0300 Fax: 62105930	By appointment	Free Service	No



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ROSENBACH-ZIEMBINSKI, Zish	Psychotherapy & Counselling for depression and anxiety, family, relationship, cross-cultural issues, loss and grief, couples, counselling. Gestalt psychotherapy trainer.	Margaret River Clinical Psychology 1 Semillon Rd, Margaret River, 6285	Ph: 0407 081 848 zish@westnet.com.au www.margaretriverpsychology.com.au www.busseltonpsychology.com.au	By appointment	Bulk Bill for individuals with Health Cards	Yes, but only for Professional Supervision
ROSENBACH, Claudia	Gestalt therapy trainer, depression and anxiety, family and relationship issues, loss and grief, couples, counselling	Margaret River Clinical psychology 1 Semillon rd. Margaret River	Ph: 0418720648 claudiarosenbach@westnet.com.au www.margaretriverpsychology.com.au	By appointment	Fee Payable	
SEPHTON, Karin	Psychotherapy & Counselling, specialising in trauma therapy (Richard Trauma Process) and EMDR (Eye movement desensitization and reprocessing).		Ph: 0409 298 727 karinageha@gmail.com www.Karin-sephton.com	By appointment	Medicare Gap payment. Financial hardship scale.	Yes
South West counselling Inc.	Children/Adults Areas of counselling: <ul style="list-style-type: none"> • Relationship Issues • Depression • Anxiety • Stress • Bereavement • Family Separation • Trauma • Family and Domestic Violence • Gambling Help • Alcohol and Substance Misuse • Sexual Abuse • Grief • Self Esteem Issues • Health Issues • Sexuality • Workplace issues 	Outreach service to Margaret river at Margaret river community centre 33 Tunbridge St	Ph: 9754 2052	Monday, Wednesday and Thursdays Home visits by arrangement	\$70 per counselling session. \$30 for concession card holders Under 18 free.	



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South West Community Alcohol and Drug Service	Counselling for alcohol and other drugs. Support for family members impacted by substance abuse.	Collocated at Margaret river community mental health. Bunbury head office.	Ph: 97219256 Fax: 97218375 admin@swcads@sjog.org.au	Thursdays in MR. People can self-refer or be referred by GP's, health professionals.	FREE	
TRAVAGLINI, Almendra	Adults, teenagers specialising in depression, anxiety, drug abuse and eating disorders. Also can practice in Spanish.	5 Orchid Ramble, Prevelly, Margaret River	Ph: 0491268037 almentravaglioni@gmail.com Facebook: Almendra Travaglioni Counselling Service	By appointment	Fee payable	Yes
Therapy Focus Laura Keane Zoe Hayward	Specialising in supporting families and children where there are challenging behaviours, and/or developmental delay, social/emotional difficulties and anxiety	Therapy Focus 3/111 Bussell Hwy Margaret River	Ph: 97945448 Danelle.milward@therapyfocus.org.au	Mon-Friday	Fee payable	
WOOD, Clare	Children, youth, families, parent support, complex trauma, grief/loss, suicidal ideation, non-suicidal self-injury. Indigenous, cross cultural mental health, Clinical Supervision	Clare Wood South West Child and Family Therapy Centre 5/45 Station rd MR	Ph: 0438 859 727 Clare.wood10@gmail.com	By appointment	Medicare gap payment offer financial hardship scale.	Yes
YATES, Petrina	Clinical social worker, trauma, PTSD, grief and loss, depression anxiety, adults, young people and children	Willmont Health and Wellbeing 48 Willmont Ave Margaret River	Ph: 9757 2677 Ph: 0403 679 419 petrina@frogtrtail.com	2 days per week	Yes on prior negotiation and offer financial hardship scale	Yes
WACHS Community Adult Mental Health Service	Adult mental health provides mental health assessment, diagnostic clarification and treatment.	Adult Community mental health clinic in Margaret river. 18 Fearn Ave Margaret River	Referral via Busselton Community mental health team. Triage for referrals in Busselton Ph: 9753 6400	Monday to Friday 9-4pm	No Cost	NA



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WACHS Community Youth Mental Health Service (16-24 years),	Youth Mental health provides mental health assessment, diagnostic clarification, mental health education and brief intervention, collaborative treatment planning. <ul style="list-style-type: none"> • Depression • Anxiety • Psychosis • Self harm and suicide • Grief an lost • Self esteem • Family issues • Sexuality and gender • Anger • Drug and alcohol use. 	Outreach service to Margaret river. Home and community visits Or seen at Margret river mental health??	Referral via Busselton Adult Community mental health team. Triage for referrals in via phone call to Busselton Ph: 9753 6400	Monday to Friday 9-4pm	No Cost	N/A
WACHS Indigenous Mental Health	Support Indigenous clients of the mental health service with access and engagement to services. Liaise with elders and traditional healers and support clients under Mental Health Act.	Located at Busselton Community Mental Health Outreach to Margaret river as required.	IMHW; Kelvin Lawrence, referrals Via Adult mental health in Busselton Ph: 9753 6400	Monday to Friday 9-4pm	No cost	No
WACHS Older Adult Mental health	Mental Health assessment and consultation, treatment service over 65 years	Outreach service to AMR shire home visit or see at Margaret river mental health clinic	Referral via Busselton Adult Community mental health team. Triage for referrals in via phone call to Busselton Ph: 9753 6400	As needed based on referral	No cost	No
WACHS Community Child and Adolescent Mental Health Service, Busselton	Mental health assessment Diagnostic clarification Collaborative treatment and planning Mental health education and brief intervention. Flexible	Busselton Hospital community mental health	Referrals to be sent to WACHS-SWCAMHSAdmin@health.wa.gov.au Ph: 97224300 Fax: 97224345	Monday – Friday 9-4	No cost	NA



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Waratah, Busselton	Counselling and support service for children and adults and/or family and friends who have experienced or witnessed Family and Domestic Violence, Sexual Assault and/or Sexual Abuse. Also counselling and support for children displaying inappropriate sexualised behaviour.	24 Kent St Busselton	Referral to be sent to waratah@waratah.asn.au Ph: 97912884 Appointments offered as needed based on referral. Phone counselling also available.	Weekly days vary-responding to needs of client.	No cost	NA
Youth Focus	Youth Suicide Prevention. Provides clinical interventions with young people 12-24 experiencing self-injury and/or suicidal ideation, or at risk of self-injury as a result of mild to moderate mental health disorders or other risk factors.	Full day inreach service at Margaret River Senior High School, Cape Naturaliste College and Georgiana Molloy Anglican School.	Self-referral through website for Bunbury appointments, or via Triage Officer Ph: 6266 4333 for school based services.	GP/professional referrals do not require MHCP for school-based services, and can be sent to schoolreferrals@youthfocus.com.au . At MRSHS on Fridays.	No Cost. Not session limited.	Yes